

**Welcome to
CC Champs All Stars**



**Information Packet
2018-2019**



CC Champs All Stars

A Full Service Cheerleading Company

3 North Street Waldwick, NJ 07463

201-669-6226 www.ccchamps.com

ccchamps@optonline.net Est. 2000

Welcome to CC CHAMPS All Stars!

In 2000 Cheer Camp, LLC was established by Meigan Bronstein as a cheerleading camp offering tumbling and summer camps for cheerleaders. In 2001, Cheer Camp LLC expanded and the Cheer Camp (CC) Champs All Star team was formed. Over the course of the past few years, the CC CHAMPS have established themselves as one of the top All-Star cheerleading programs in the state of New Jersey. During the past seasons, our cheerleaders attended State, National, International and World Championships. CC Champs has earned top awards for their performance, tumbling, and creativity. By attending some of the most competitive and prestigious competitions this nation has to offer, our athletes and teams have made a name for our gym and solidified the CC CHAMPS as a successful and respected program that ranks among the country's finest.

PHILOSOPHY

CC CHAMPS All Stars is **Competitive Cheerleading**. Our program is not recreational, but a serious team sport. Part of the product CC CHAMPS offers to our families is the knowledge that we will be competitive with any team in the country. As such, parental support of our program is integral to our success. We believe that every athlete at CC CHAMPS is a valuable member of our program, and we will do our best as coaches to help foster each child's individual skill development in the sport of cheerleading. It is our mission to prepare our teams and athletes to perform to their peak level of ability, ensuring them success on the competition floor.

While it is our intent to train our cheerleaders to become outstanding athletes, we also believe that being a member of our All Star program provides much more than training in cheerleading. We believe that our athletes will gain a tremendous amount of self-confidence and learn valuable lessons in team dynamics. They are taught sportsmanship, goal setting, and pride. They learn that with hard work, dedication, and determination they can accomplish any task. We believe that becoming a member of the CC CHAMPS All Star program rewards not only our athletes, but also enables families to witness the personal growth of their children through athletics. Many of our athletes spend countless hours in the gym working on and perfecting their cheerleading and tumbling skills. Our coaching staff is privileged to have the opportunity to coach these athletes. We are thankful that you have given us this opportunity because we truly believe our athletes and parents are "family."

Exercise creates a healthier and happier person and there is a positive relationship between sports and academics. CC Champs athletes will be faced with personal and team challenges on a regular basis. This experience will teach time management and will help teach life lessons.



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COMMUNICATIONS:

Our main source of communication is E-mail. Please check your Inbox regularly. It is imperative that you keep up with any changes communicated through E-mail. If you are not receiving messages, please let us know immediately.

All e-mails will come from the following address:
ccchamps@optonline.net

During Competitions, team specific communications will be made through your Team Parent through E-mail and/or Text Message.

QUESTIONS AND CONCERNS:

Please contact Coach Meigan with any questions or concerns that you may have:

Meigan Bronstein, Owner: 201-669-6226

We believe in maintaining an open line of communication. Please do not discuss issues with other parents or people in the waiting area. If there is an issue, please e-mail or call to schedule an appointment with Meigan outside of practice hours. We are here to coach your children and want to make them the best athletes they can be. Every athlete is different, and all athletes progress at different levels. Please make it a point to only discuss issues with your athlete during scheduled meetings with Meigan and coach involved.

WE WILL NOT DISCUSS ANOTHER CHILD IN A MEETING IF SHE/HE IS NOT YOUR OWN.

COACHING STAFF DECISIONS:

Meigan and the CC Champs coaching staff have the final jurisdiction over any training, team, or competition related decisions. Decisions will be based on the positive growth, as well as the safety, of the athlete. There are certain progressions your child must successfully perform before moving to a more difficult skill. These decisions will also be made with the consideration of how it affects the other members of the team. Parents are not to make decisions about which skills will be worked on at the gym



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ATTENDANCE:

Attendance is crucial to team success. This is a team sport and everyone's participation, dedication, and hard work is needed at all practices. **Every practice is MANDATORY.**

Personal events and other extra-curricular activities must be scheduled outside of the practice schedule.

STUNT CLINIC:

Upcoming Stunt Clinics will be held after evaluations. The purpose of these clinics is to learn proper techniques for each level in preparing our stunt sequences for competition season. **This stunt clinic is MANDATORY.**

CHOREOGRAPHY:

Choreography for the competitive season will begin in September 2018. Most choreography sessions are during practice hours but the times may change. Weekend sessions will also be included. You will be notified of the schedule at a later date.

Choreography is MANDATORY. Exceptions will not be allowed for this important part of our season.

COMPETITIONS:

CC Champs will attend between 7-12 competitions throughout the season. The competition season begins in December and continues through April. CC Champs reserves the right to change the competition schedule as needed at any time. A tentative schedule will be provided in upcoming weeks with a final schedule to follow in the fall.

During the competition season, cheerleaders will be asked to travel. All transportation / accommodations are the sole responsibility of each family.

We will make every effort to provide information in a timely manner. Most competitions will post a tentative schedule on their website one week prior to the competition date.

Parents are encouraged to sit together at competitions and represent our team and team colors.

Vacations are not permitted during competition season.



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COMPETITIVE ATTENDANCE:

Attendance at all competitions is mandatory by all team members. If there is an extreme EMERGENCY, such as a death in family that will cause your child to miss a competition, please let the coach know immediately so that the necessary measures can be taken to fix the routine and prepare the team to compete. Every child on the team plays an integral part in the teams' success. Please think of your teammates!

Competitions are all day events. Cheerleaders will be responsible to support all of the Champs teams. Do not schedule other activities or appointments on the day of a competition.

Please note: Missing practice(s) before a competition will result in having your spot filled for the upcoming competition. We must keep the team in mind.

VACATION:

Summer is a time for strength training and skill development. Please see the summer weeks off and plan your summer vacation around the scheduled weeks.

Holiday	Gym Closed	Days
Memorial Day Break	May 25th – 28th	Friday – Monday
4th of July Break	July 4 th	Wednesday
July Break	July 16 th – 20 th	Monday – Friday
August Break through Labor Day	August 27 th – September 3 th	Monday – Monday
Halloween	October 31st	Wednesday
Thanksgiving Break	November 22 th – 25 th	Thursday – Sunday
Christmas Break	December 24 th – January 1 st	Monday -Monday

WINTER AND SPRING BREAK:

Vacations are not permitted during competition season for any reason. We will not be closed for Winter Break or Spring Break.

Unfortunately, Winter Break falls directly in the middle of our busiest time. Missing practices during these months will result in replacement (permanent or temporary) of your child's position on the team.



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Spring Break falls just days before Worlds and The Summit. If your child's team is attending either of these competitions, he/she is **NOT** permitted to miss practice during the month of April.

SCHOOL CLOSINGS DUE TO WEATHER:

We will not be following school closings especially on a Snow Day. Please keep up with your e-mail to see if we will be open when there is bad weather. Safety is a priority for all families traveling to the gym in inclement weather.

PRACTICE ATTENDANCE AND EXPECTATIONS:

All teams practice 3 days a week (2 weekdays and 1 weekend) for approximately 2-3 hours. **Practice is mandatory.** Athletes should arrive 15 minutes before their scheduled start time. Cell phone use is **NOT** permitted during practice or water breaks unless there is an emergency.

The third practice is on Sunday and begins **September 9, 2018**. Sunday practice times will be announced towards the end of the summer. Please let us know of any religious obligations that prevent you from being able to attend weekend practices during a specific time. We will do our best to form our schedule so that your child will not have a conflict.

The only acceptable reasons to miss practice are:

- Severe illness (high fever or vomiting)*
- Family emergency*
- Mandatory school function that affects your grade*
- Religious obligation*

Examples of unacceptable reasons to miss practice include but are not limited to:

- No ride*
- Tired and have a headache*
- Too much homework*
- Birthday dinners*
- School social events like dances that do NOT affect your grade*

Extra practices may be necessary during Competition Season prior to a competition. During weekends of competitions, please keep your schedules clear for additional practice.



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PRACTICE ATTIRE:

Appropriate practice attire must be worn at all times. CC Champs will provide both mandatory and non-mandatory apparel for purchase. Practice Wear Orders for 2018-19 will be in June.

Mandatory Practice Attire:

- Secure High Tight Pony Tail
- Practice Bow
- Tank Top / Sports Bra with Shorts
- Socks and Cheer sneakers

Accessories and Clothing that are not permitted for Team Practice:

Jewelry - Non Champs Apparel – Sweatshirts - Sweatpants - Hoodies - Bare Feet or Socks

Important: Personal production of apparel or any other merchandise with the CC Champs logo is against our company policy.

COMPETITION UNIFORMS:

Competition Uniforms and Warm Ups are custom made. Fittings will take place in June. The date for order placement will be provided via e-mail. After fittings, CC Champs is not responsible for any alterations. Varsity will be supplying a parent portal to manage your orders and payments on-line.

Please keep all warm ups and uniforms in good condition. Please report any lost or damaged items to our office. The cost of replacement will be the responsibility of the athlete's family.

Competition Uniforms are Custom Made and are Not Refundable after order placement.

COMPETITION ATTIRE:

Athletes are to arrive at all competitions ready arrive in their Champs Uniform with warm up jacket and pants over. Please wear sneakers and bring cheer sneakers packed in Champs bag. Uggs are NOT permitted to be worn while in your warm ups or uniform.

Definition of Competition Ready:

- Hair/Makeup done
- Competition Bow in
- Clean Uniform
- White No Show Ankle Socks
- Clean Sneakers



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Athletes are NOT allowed to change out of their uniform after they compete. It is required that cheerleaders are in full uniform, including sneakers, during the award ceremony.

Please wear the proper undergarments. No colored sports bras or bra straps should be worn/seen.

If your bow is lost during the season please see the office to purchase a new one.

If you wish to wear something over your uniform throughout the day, only a Champs shirt in red, white, or blue is permitted or your warm up jacket. Athletes are not permitted to wear any other colors while in uniform.

CHEERLEADER RESPONSIBILITY:

As stated, this is a team sport and each cheerleader is an important part of our CC Champs Team. Your teammates are counting on you to be at every practice and competition.

School is important and we encourage you to make that a priority. Please manage your time accordingly and to homework assignments before practice. If you are struggling, please speak to a coach about possible tutoring opportunities.

Cheer shoes must be worn at all practices. We recommend that your cheer shoes only be worn at practices and competitions as they will get dirty quickly and may need to be replaced if worn otherwise.

Please keep track of your team apparel including practice gear and warm ups. Replacement of these items will be necessary if they are lost. We are not responsible for items left behind at competitions or at the gym. The gym is your home. Please do not leave it messy at the end of practice!

You cannot be late to practice. Please arrive 15 minutes early.

Profanity and/or Rude Language will not be tolerated.

Remove all piercings. This is non-negotiable. It is a safety issue.

Bring water to practice. Sometimes we run out and do not want you dehydrated.

ANTI-BULLYING POLICY: CC Champs and all CC Champs athletes have a duty to report unkind remarks or actions (even if these were not intended to hurt). Every CC Champ athlete has the right to be free from intimidation, both within the program and in the surrounding community, in person and ONLINE. Any such actions or comments will not be accepted and will be considered bullying and will be dealt with seriously.

Always remember that you are representing CC Champs. We believe in treating each other as well as other teams with respect. Good sportsmanship, positive attitudes, and professionalism are expected from every cheerleader at all competitions and practices. Please be conscious of your behavior at all times.



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2018 - 2019 FINANCIAL RESPONSIBILITY:

CC Champs All-Stars is a 12 month program. Practice begins in May and continues through April.

Our teams practice 2 days a week from May - August and then three days a week from September-April.

There is an annual registration fee of \$250 that is due upon committing to be part of a Champs team. Competition fees include cross-over fees and coaches travel expenses.

Please fill out the attached credit card authorization form for Champs to have on file. Filling out this form DOES NOT mean that you are opting to have your payments automatically withdrawn every month. If you would like your payments to be withdrawn automatically, please note that on the form.

Gym fees are due on the 1st of the month.

Please note: If you do not pay your fees by the 4th of the month your card will automatically be charged on the 5th plus an additional \$25.00 late charge.

You may also benefit from participating in the variety of fundraisers offered throughout the year.

Description	Due Date	Amount
Annual Registration Fee	By or Before 1st Practice	\$250
Monthly Fee	1st of the month	\$185 beginning June 1st
Competition/Coaches Fees	Installments Due August, October, November and January	\$1600 approximately <i>Not including travel accommodations / expenses</i>
Choreography	Due in September	\$250
Music fee	Due in September	\$125
Practice Gear	Due at Time of Order Placement	Bra top - \$55 Tank top boys & girls - \$35 Shorts - \$30 Capris - \$50 Practice Bow - \$25 Backpack - \$85
Uniform	Due at Time of Order Placement	Girls uniform - \$450 Boys uniform - \$370 Warm-up jacket - \$120 Warm-up pants - \$50 Sneakers - \$120 Bow - \$35



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2018- 2019 VACATION NOTIFICATION FROM:

THERE WILL BE NO VACATIONS PERMITTED DURING COMPETITION SEASON

Name of Cheerleader(s): _____

Team Name: _____

Team Level: _____

Beginning Day and Date of Vacation: _____

Day and Date Returning to Practice: _____

SCHEDULE YOUR VACATIONS AROUND THE GYM CLOSURES BELOW.

Holiday	Gym Closed	Days
Memorial Day Break	May 25 TH - 28th	Friday - Monday
4th of July Break	July 4th	Wednesday
July Break	July 16th - 20th	Monday - Friday
August Break through Labor Day	August 27 ^h - September 3rd	Monday - Monday
Halloween	October 31st	Wednesday
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2018- 2019 FINANCIAL COMMITMENT/ CREDIT CARD INFO (ONE PER FAMILY)

This must be filled out and handed in at the first practice

EVERYONE is required to submit credit card information and to be on auto-pay. Competition payments and gym fees will be charged on the credit card filed below if payment is not received on the due date. All Gym Fees are due by the 1st of each month. If the fee has not been paid by the 4th we will automatically deduct from this card on the 5th with an additional \$25 LATE charge.

I have read and fully understand that I am giving my credit card/debit card information and that information will ONLY be used if I do not meet my monthly gym fee Tuition, Clinic Fees, Choreography Fees and/or Competition Fees by required deadline dates to CC Champs.

Please Check One:

- No. Please do not enroll me in Automatic Tuition Monthly Withdrawals
- Yes. Please enroll me in Automatic Tuition Monthly Withdrawals ONLY
- Yes. Please enroll me in for all Automatic Withdrawals including:
Tuition, Competition Fees, Clinic Fees and Choreography

Parent Signature: _____ Date: _____

Name as it appears on the card: _____

Billing Address: _____

Type of Card: _____ Credit Card Number: _____

Security Code: _____ Expiration Date: _____

Signature: _____ Date: _____

Cheerleader(s) Name(s) in which this account affects: _____



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2018-2019 STATEMENT OF ATHLETE COMMITMENT AND FINANCIAL COMMITMENT

*This must be filled out and handed in at the first practice
Please use one page per athlete if more than one in your family*

I have read and fully understand my financial commitment to CC Champs outlined in this packet. I understand that my commitment is for the 2018-2019 season.

I understand that I will forfeit any monies paid if I choose to leave a team or am asked to leave the program. I understand that I am entering into this program of my own free will.

Parent Printed Name: _____

Parent Signature: _____ Date: _____

Policies and Expectations Commitment

I, _____ have read and understand the entire packet. I understand that rules are important to run a successful All Star cheerleading team and I will follow them. I also give my child, _____ permission to participate in CC Champs 2018-2019 program.

She/he has my permission to practice, tumble, jump, stunt, and perform with the CC Champs instructors and cheerleaders at the cheer gym and use the floors in the gym. I realize that all necessary safety precautions will be taken. I give my consent that if an accident should occur, my child be taken to a medical facility and treated if necessary. I will not hold any CC Champs member or anyone helping liable for injury.

I agree to cooperate with the CC Champs staff and follow instructions, guidelines, policies, and procedures in accordance with the program. I understand that failure to obey any of the above may result in dismissal and discharge from the program in its entirety without reimbursement of fees.

I hereby grant CC Champs the right to photograph and/or record the participant named above in order to advertise the gym through the Website, Twitter, or Facebook.

Parent Signature: _____ Date: _____

Athlete Signature: _____ Date: _____



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2018-2019 PRACTICE WEAR ORDER FORM

Required Items: Top, Shorts, and Cheer Bow

Important: Nothing can be worn over practice wear during team practice. Please take this into consideration when choosing between a sports bra and a tank top.

Item	Cost	Youth Size S-XL	Adult Size XS-XL	Quantity	Total
MALE Sport Shirt	\$35.00	Youth Size	Adult Size		
Sports Bra <i>(Reversible Design)</i>	\$55.00	Youth Size	Adult Size		
Tank Top	\$35.00	Youth Size	Adult Size		
Shorts	\$30.00	Youth Size	Adult Size		
Capri Pant	\$50.00	Youth Size	Adult Size		
Practice Bow	\$25.00	REQUIRED FOR ALL FEMALE ATHLETES			
Varsity Sneakers <i>Red sneakers</i>	\$120.00				
				Shipping	Included
				Total	

First Name: _____ Last Name: _____

Phone Number if any questions: _____

Payment Type Cash Check # _____ to CC Champs Credit Card